

In October 2002 The Food Commission conducted a survey of children's foods and drinks containing the additives Sunset Yellow (E110), Ponceau 4R (E124), Carmosine (E122) and Sodium Benzoate (E211). These additives have been shown to cause temper tantrums and disruptive behaviour in up to a quarter of toddlers. For more information see www.foodcomm.org.uk This information is embargoed until 00.01am Friday 25th October 2002 and may not be reproduced in any format before that date.

Product	Type	Manufacturer	Contains
Action Man Celebration Cake	Cake	Memory Lane Cakes Ltd	Sunset Yellow (E110), Ponceau 4R (E124)
All Stars Variety Pack	Sweets	Nestle	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Apple & blackcurrant squash (no added sugar)	Drink	Safeway	Sodium Benzoate (E211)
Apple squash with no added sugar	Drink	Asda	Sodium Benzoate (E211)
Bagpuss Cake	Cake	Memory Lane Cakes Ltd	Carmosine (E122), Ponceau 4R (E124)
Banana Flavoured Milkshake Syrup	Drink	McDonald's	Ponceau 4R (E124)
Barbeque Dip	Sauce	McDonald's	Sodium Benzoate (E211)
Barbie Celebration Cake	Cake	Lightbody	Carmosine (E122), Ponceau 4R (E124)
Bat's Blood yoghurt with strawberry flavour sherbert	Yoghurt	Muller	Ponceau 4R (E124)
Berry Fruit Crush	Drink	Asda	Sodium Benzoate (E211)
Best Wishes Cake	Cake	Lightbody Celebration Cakes	Carmosine (E122), Ponceau 4R (E124)
Bigga Marrowfat Peas	Vegetables (canned)	Bachelors	Tartrazine (E102)
Bill & Ben Gingerbread Men Kit	Biscuits	Green's	Sunset Yellow (E122), Ponceau 4R (E124)
Birthday Cake	Cake	Burger King	Sunset Yellow (E110), Ponceau 4R (E124)
Blackcurrant and elderflower flavour spring water	Drink	Asda	Sodium Benzoate (E211)
Blackcurrant Ice Lollies	Lollies	Ribena	Sodium Benzoate (E211)
Blackcurrant squash with no added sugar	Drink	Asda	Sodium Benzoate (E211)
Bob the Builder Cake	Cake		Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Bob the Builder Mini Muffin Mix	Cake	McDougalls	Carmosine (E122)
Bruiser Kola Flavour Chew Bar	Sweets	Bassett's	Carmosine (E122)
Bubble Gum	Sweets	Bubbaloo	Tartrazine (E102)
Bursting Bugs	Sweets	Rowntree's	Sunset Yellow (E110), Ponceau 4R (E124)
C Vit	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Canned raspberries in fruit juice	Fruit (canned)	John West	Ponceau 4R (E124)
Canned raspberries in syrup	Fruit (canned)	John West	Ponceau 4R (E124)
Caterpillar Cake	Cake	Asda	Sunset Yellow (E110), Ponceau 4R (E124), Carmosine (E122)
Cheesy Corn Snacks (3D)	Crisps	Walkers	Sunset Yellow (E110)

Cherry	Drink	Sodastream	Sodium Benzoate (E211)
Cherryade	Drink	Asda	Carmoisine (E122), Sodium Benzoate (E211)
Chewits	Sweets	Chewits	Carmoisine (E122)
Chewits Chewbs, Tutti Frutti	Sweets	Chewits	Ponceau 4R (E124)
Cidona apple drink	Drink	Bulmers	Carmoisine (E122)
Citrus Fruit Crush	Drink	Asda	Sodium Benzoate (E211)
Clown Cake	Cake	Asda	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Cola concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Cool Calypso Ice Lollies	Lollies	Calypso	Sodium Benzoate (E211)
Cool cups drink	Drink	Asda	Sodium Benzoate (E211)
Cool Dude cake	Cake	Memory Lane Cakes Ltd	Ponceau 4R (E124)
Dandelion and Burdock concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Designer Icing: Green	Baking	Supercook	Tartrazine (E 102)
Designer Icing: Orange	Baking	Supercook	Sunset Yellow (E110)
Designer Icing: Pink	Baking	Supercook	Carmoisine (E122), Ponceau 4R (E124)
Designer Icing: Purple	Baking	Supercook	Carmoisine (E122)
Designer Icing: Red	Baking	Supercook	Tartrazine (E102), Carmoisine (E122)
Designer Icing: Yellow	Baking	Supercook	Tartrazine (E102)
Diet Coke	Drink	Coca Cola	Sodium Benzoate (E211)
Diet Coke with Lemon	Drink	Coca Cola	Sodium Benzoate (E211)
Diet Cola concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Diet Dr Pepper	Drink	Cadbury Schweppes	Sodium Benzoate (E211)
Disco Diva Cake	Cake		Carmoisine (E122)
Dr Pepper	Drink	Cadbury Schweppes	Sodium Benzoate (E211)
Duo Cranberry and Blackcurrant concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Duo Pineapple and Grapefruit concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Elderflower Cordial	Drink	Belvoir	Sodium Benzoate (E211)
Elderflower Cordial	Drink	Barraclough	Sodium Benzoate (E211)
Fanta Fruit Twist	Drink	Coca Cola	Sodium Benzoate (E211)
Fanta Ice Lemon	Drink	Coca Cola	Sodium Benzoate (E211)
Fanta Orange	Drink	Coca Cola	Sodium Benzoate (E211)
Fizzing Cauldron yoghurt with raspberry flavour sherbert	Yoghurt	Muller	Ponceau 4R (E124)
Fizzy Strawberry Poles	Sweets	Sainsbury's	Carmoisine (E122)

Flintstones Chocolate Chip Mini Muffin Kit	Cake	Supercook	Tartrazine (E102), Ponceau 4R (E124)
Football cake	Cake	Memory Lane Cakes	Sunset Yellow (E110), Carmoisine (E122), Ponceau 4R (E124)
Football crisps	Crisps	Walkers	Tartrazine (E102)
Football Mix sweets	Sweets	Haribo	Sunset Yellow (E110), Ponceau 4R (E124)
Forest fruit squash with no added sugar	Drink	Asda	Sodium Benzoate (E211)
Freeze pops lollies	Lollies	Asda	Carmosine (E122), Ponceau 4R (E124)
Fruit Flavour Icings	Baking	Supercook	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Fruit 'n' Grain Apple & Cinnamon Bars	Snack	Asda	Sunset Yellow (E110), Sodium Benzoate (E211)
Fruit 'n' Grain Mixed Fruit Bars	Snack	Asda	Sodium Benzoate (E211)
Fruit 'n' Grain Strawberry Bars	Snack	Asda	Sunset Yellow (E110), Sodium Benzoate (E211)
Fruit Pastille lollies	Lollies	Rowntree's	Sunset Yellow (E110), Ponceau 4R (E124)
Fruit Pastilles	Sweets	Rowntree's	Sunset Yellow (E110), Ponceau 4R (E124)
Fruit Salad squash	Drink	Asda	Sodium Benzoate (E211)
Fruity Chews	Sweets	Starburst	Carmoisine (E122)
Garden Peas	Vegetables (canned)	Asda	Tartrazine (E102)
Giant marrowfat processe peas	Vegetables (canned)	Farrows	Tartrazine (E102)
Grand Prix cake	Cake	Lightbody Celebration Cakes	Ponceau 4R (E124)
Grapefruit and mandarin flavour spring water	Drink	Asda	Sodium Benzoate (E211)
Groovy Chick cake	Cake	Memory Lane Cakes	Ponceau 4R (E124)
Guava drink	Drink	Rubicon	Sodium Benzoate (E211)
Hallowe'en cake	Cake	Lightbody Celebration Cakes	Sunset Yellow (E110)
Harry Potter cake	Cake	Lightbody Celebration Cakes	Carmoisine (E122), Ponceau 4R (E124)
Harry Potter Hogwarts Cookie Kit	Biscuits	Kerry Foods	Carmoisine (E122), Ponceau 4R (E124)
Harry Potter Owl Messenger Cookie Kit	Biscuits	Kerry Foods	Carmoisine (E122)
High Juice Apple squash	Drink	Asda	Sodium Benzoate (E211)
High Juice Forest Fruits squash	Drink	Robinsons	Sodium Benzoate (E211)
High Juice Peach squash	Drink	Robinsons	Sodium Benzoate (E211)
High Juice Summer fruits squash	Drink	Asda	Sodium Benzoate (E211)
lrm Bru	Drink	Barr	Sunset Yellow (E110), Ponceau 4R (E124), Sodium Benzoate (E211)
Iron Brew	Drink	Asda	Sodium Benzoate (E211)
Jammie Dodgers	Biscuits	Burtons	Carmoisine (E122)
Jelly Pots: Lemon & lime	Dessert	Rowntree's	Sunset Yellow (E110)
Jelly Pots: Mixed fruit, fruit pastilles	Dessert	Rowntree's	Carmoisine (E122)

Jelly Pots: Orange	Sweets	Rowntree's	Sunset Yellow (E110)
Jelly Pots: Raspberry	Dessert	Rowntree's	Carmoisine (E122)
Jelly Pots: Strawberry	Dessert	Rowntree's	Ponceau 4R (E124)
Jelly Tots	Sweets	Rowntree's	Sunset Yellow (E110), Ponceau 4R (E124)
Joosters	Sweets	Starburst	Sunset Yellow (E110), Ponceau 4R (E124)
Just Cola	Drink	Asda	Sodium Benzoate (E211)
Just Diet Cola	Drink	Asda	Sodium Benzoate (E211)
Kids Own Jam Rings biscuits	Biscuits	Safeway	Carmoisine (E122)
Kola Champion Flavoured Soft Drink	Drink	DG Jamaica	Sunset Yellow (E110), Sodium Benzoate (E211)
Lemon and lime flavour spring water	Drink	Asda	Sodium Benzoate (E211)
Lemon and Lime squash	Drink	Asda	Sodium Benzoate (E211)
Lemon 'Body Fuel' Lucozade Sport	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Lemon squash (no added sugar)	Drink	Asda	Sodium Benzoate (E211)
Lemonade	Drink	Asda	Sodium Benzoate (E211)
Lemonade concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Leo the Lion Cake	Cake	Asda	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Let's Celebrate cake	Cake	Asda	Carmosine (E122), Ponceau 4R (E124)
Let's Pary cake	Cake	Lightbody	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Lilt	Drink	Coca Cola	Sodium Benzoate (E211)
Lime Cordial	Drink	Asda	Sodium Benzoate (E211)
Little Madam cake	Cake	Lightbody Celebration Cakes	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Looney Tunes Taz cake	Cake	Memory Lane Cakes	Sunset Yellow (E110), Carmosine (E122), Sodium Benzoate (E211)
Lucozade Lemon Energy drink	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Lucozade Orange Energy drink	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Lucozade Sport drink	Drink	GlaxoSmithKline	Sodium Benzoate (E211)
M&M Minis Magic Marble Cake Mix	Cake	Green's	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
M&M Minis Mini Muffins Kit	Cake	Green's	Sunset Yellow (E110), Carmosine (E122), Ponceau 4R (E124)
Manchester United official merchandise cake	Cake	Elisabeth the Chef	Carmosine (E122), Ponceau 4R (E124)
Marrowfat peas	Vegetables (canned)	Bachelors	Tartrazine (E102)
Marrowfat processed peas	Vegetables (canned)	Safeway	Tartrazine (E102)
Marrowfat processed peas	Vegetables (canned)	Asda	Tartrazine (E102)
McRib Sauce	Sauce	McDonald's	Sodium Benzoate (E211)
Mikado Jam Mallow Biscuits	Biscuits	Bolands	Carmoisine (E122)

Milk Shake Mix, Raspberry concentrate	Drink	Crusha	Carmoisine (E122)
Milk Shake Mix, Strawberry concentrate	Drink	Crusha	Carmoisine (E122)
Mixed berry bodyfuel drink	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Monsters Inc cake	Cake	Nestle	Carmosine (E122), Ponceau 4R (E124)
Monsters Inc cake bars	Cake	Nestle	Carmoisine (E122), Ponceau 4R (E124)
Mushy Chip Shop (peas)	Vegetables (canned)	Bachelors	Tartrazine (E102)
Mushy Original (peas)	Vegetables (canned)	Bachelors	Tartrazine (E102)
Mushy processed peas (chip shop style)	Vegetables (canned)	Safeway	Tartrazine (E102)
Noddy Toffee Flavour Cake Kit	Cake	Green's	Carmoisine (E122), Ponceau 4R (E124)
Orange and Pineapple drink	Drink	Asda	Sodium Benzoate (E211)
Orange Body Fuel Lucozade Sport	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Orange Concentrate	Drink	Sodastream	Sodium Benzoate (E211)
Orange, lemon & pineapple squash (no added sugar)	Drink	Safeway	Sodium Benzoate (E211)
Orangina drink	Drink	Orangina	Sodium Benzoate (E211)
Orangina Light drink	Drink	Orangina	Sodium Benzoate (E211)
Panda Pops - blue raspberryade	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - candy frost	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - Casper ghostly limeade	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - cherryade	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - cola	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - still blackcurrant	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - still orange	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Panda Pops - strawberry jelly & ice cream	Drink	Hall & Woodhouse	Carmoisine (E122), Sodium Benzoate (E211)
Party Cake	Cake	Lightbody Celebration Cakes	Sunset Yellow (E110), Carmosine (E122)
Pear & blueberry squash (no added sugar)	Drink	Safeway	Sodium Benzoate (E211)
Pickles	Pickles	Burger King	Sodium Benzoate (E211)
Pizza Flavour Doritos crisps	Crisps	Walkers	Sunset Yellow (E110)
Pokemon Gingerbread Cookie Kit	Biscuits	Supercook	Tartrazine (E102), Carmoisine (E122), Ponceau 4R (E124)
Premium Diet Lemonade	Drink	R Whites	Sodium Benzoate (E211)
Premium Lemonade	Drink	R Whites	Sodium Benzoate (E211)
Raspberries in fruit juice	Fruit (canned)	Asda	Ponceau 4R (E124)
Raspberries in light syrup	Fruit (canned)	Asda	Ponceau 4R (E124)
Red Lemonade	Drink	Nash's	Sunset Yellow (E110), Ponceau 4R (E124), Sodium Benzoate (E211)

Ribena Light (blackcurrant)	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Ribena Original (blackcurrant)	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Ribena Regular (blackcurrant & cranberry)	Drink	Smithkline Beecham	Sodium Benzoate (E211)
Ronald McDonald & Tweenies Birthday Cake	Cake	McDonald's	Carmoisine (E122), Ponceau 4R (E124)
Salsa Sauce	Sauce	McDonald's	Sodium Benzoate (E211)
Schweppes Lemonade	Drink	Coca Cola	Sodium Benzoate (E211)
Scooby Doo Cake	Cake	Lightbody Celebration Cakes	Sunset Yellow (E110), Carmoisine (E122), Ponceau 4R (E124)
Scooby Doo Cookie Snack Kit "with magic green icing"	Biscuits	Green's	Carmoisine (E122), Ponceau 4R (E124)
Select Diet Lemonade	Drink	Safeway	Sodium Benzoate (E211)
Select Lemonade	Drink	Safeway	Sodium Benzoate (E211)
Simpsons Apple Waterfall sparkling spring water	Drink	Hall & Woodhouse	Sodium Benzoate (E211)
Simpsons Freezepops lollies	Lollies	Calypso	Carmoisine (E122), Ponceau 4R (E124)
Smarties	Sweets	Nestle	Sunset Yellow (E110), Carmoisine (E122), Ponceau 4R (E124)
Smarties cake	Cake	Nestle	Sunset Yellow (E110), Carmoisine (E122), Ponceau 4R (E124)
SmartPrice Mushy Peas	Vegetables (canned)	Asda	Tartrazine (E102)
Smartprice Orange Jelly	Jelly	Asda	Sunset Yellow (E110), Ponceau 4R (E124)
Smartprice Processed Marrowfat Peas	Vegetables (canned)	Asda	Tartrazine (E102)
Smartprice Raspberry Jelly	Jelly	Asda	Ponceau 4R (E124), Carmoisine (E122)
Smartprice Strawberry Jelly	Jelly	Asda	Sunset Yellow (E110), Carmoisine (E122)
Snowman Rich fruit cake	Cake	Asda	Ponceau 4R (E124), Carmoisine (E122)
Sparkling Sugar Free Lemonade	Drink	Safeway	Sodium Benzoate (E211)
Spicy Breakfast Sauce	Sauce	McDonald's	Sodium Benzoate (E211)
Spiderman Cake	Cake	Lightbody	Sunset Yellow (E110), Carmoisine (E122), Ponceau 4R (E124)
Spooky Spider Cake	Cake	Safeway	Carmoisine (E122), Ponceau 4R (E124)
Sprite drink	Drink	Coca Cola	Sodium Benzoate (E211)
Sprite Light drink	Drink	Coca Cola	Sodium Benzoate (E211)
Star Mix sweets	Sweets	Haribo	Sunset Yellow (E110), Ponceau 4R (E124)
Starwars celebration cake	Cake	Lightbody Celebration Cakes	Carmoisine (E122)
Strawberry flavour laces	Sweets	Safeway	Carmoisine (E122)
Strawberry Flavoured Milkshake Syrup	Drink	McDonald's	Ponceau 4R (E124)
Strawberry squash (no added sugar)	Drink	Safeway	Sodium Benzoate (E211)
Sugar Animal Shapes	Baking	Supercook	Sunset yellow (E110)
Sugar Free Safari Pops	Lollies	Calypso	Carmoisine (E122), Ponceau 4R (E124)

Sweet and Sour Dip	Sauce	McDonald's	Sodium Benzoate (E211)
Tango Cherry	Drink	Britvic	Sodium Benzoate (E211)
Tangtastics Sour Mix sweets	Sweets	Haribo	Sunset Yellow (E110), Ponceau 4R (E124)
Tangy Cheese Flavour Corn Chips	Crisps	Walkers	Sunset Yellow (E110)
Tizer	Drink	AG Barr	Sunset Yellow (E110), Ponceau 4R (E124), Sodium Benzoate (E211)
TK Lemonade (red)	Drink	C&C	Sunset Yellow (E110), Carmoisine (E122), Sodium Benzoate (E211)
TK Orange drink	Drink	C&C	Sodium Benzoate (E211)
Tom & Jerry Strawberry Flavor Cake Kit	Cake	Green's	Carmoisine (E122), Ponceau 4R (E124)
Tongue Tingling Tropicombo drink	Drink	T & T	Sodium Benzoate (E211)
Traditional Style Cream Soda	Drink	Safeway	Sodium Benzoate (E211)
Traditional Style Lemonade	Drink	Safeway	Sodium Benzoate (E211)
Tweenies celebration cake	Cake	Lightbody	Sunset Yellow (E110), Carmosine (E122)
Vimto (no added sugar)	Drink	Vimto Soft Drinks	Sodium Benzoate (E211)
Wagon Wheels (Jammie)	Biscuits	Safeway	Carmoisine (E122)
Wine Gums	Sweets	Maynard's	Carmoisine (E122)
Winnie the Pooh cake	Cake	Lightbody	Ponceau 4R (E124), Carmosine (E122), Sunset Yellow (E110)
Yazoo Milk Drink - strawberry	Drink	Campina	Ponceau 4R (E124)